



PSHE

INTENT, IMPLEMENTATION AND IMPACT STATEMENT

Intent

PSHE education plays a vital role in a child's overall education, encompassing Personal, Social, Health, and Economic aspects. It grants children access to essential knowledge about themselves and the diverse world they live in. At SHAPE International School British Section, we offer a specially designed curriculum that is comprehensive and well-rounded, catering to the specific needs of our school community. Our approach provides students with opportunities to explore significant ideas, engage in meaningful discussions, and participate in practical experiences.

Central to our philosophy is fostering respect and understanding for the universal rights of every child, as outlined in the UNCRC. We strive to promote children's knowledge, self-esteem, emotional well-being, and resilience, enabling them to cultivate and maintain positive relationships. Within our local, national, and global communities, we emphasize the importance of self-respect and respect for others.

Developing crucial character skills such as decision-making, informed risk-taking, effective communication, and self-regulation strategies is a key focus at our school. We encourage the exploration and appreciation of diverse values held by various cultures and groups within our local community, cultivating positive attitudes among our students. Honesty and respect form the foundation of all relationships, while we nurture empathy and sensitivity towards the needs and emotions of others.

Furthermore, we are committed to equipping children and young people with the knowledge, skills, and values necessary to understand and navigate the physical and emotional changes that occur during puberty. The information we provide is tailored to be relevant and age-appropriate for each student.

Ultimately, at SHAPE International School British Section, we aim to adequately prepare our pupils for adulthood, ensuring they are equipped to make informed decisions, shoulder responsibilities, embrace life experiences and opportunities, and develop into emotionally mature individuals.

Implementation

PSHE education is an integral part of our curriculum at SHAPE International School British Section, delivered by class teachers in Years 1-6. While some PSHE topics are integrated into other subjects such as Computing, Maths, and Science (for instance, e-safety within Computing lessons), certain specific topics may be taught by other teachers besides the class teacher. Our curriculum is based on the frameworks of the National Curriculum and the PSHE Association, with subject leaders developing detailed long and medium-term plans.

We have tailored our curriculum to cater to the diverse needs of our students and their communities, supporting their personal development in various aspects. The subject leaders possess significant PSHE knowledge, which plays a crucial role in ensuring high-quality teaching throughout the school and supporting non-specialist teachers in delivering effective lessons. Staff members have access to regular CPD opportunities provided by the PSHE Association, with additional support available from the senior leadership team and school nurse.

Our PSHE curriculum is structured around three key themes: Health and Wellbeing, Relationships, and Living in the Wider World. These themes carry equal importance and are taught on a rolling, spiral basis. This approach allows for revisiting topics across different year groups, deepening understanding, and facilitating progression and retention of key skills and knowledge. We introduce concepts at age-appropriate points, ensuring a well-sequenced progression detailed in the PSHE curriculum map.

PSHE education is accessible to all children in our school, including those with SEND. Students with special educational needs and disabilities receive support to access health and relationships education through high-quality, teacher-led teaching that aligns with the guidance provided by the SEND code of practice. Differentiation and personalization strategies are employed to accommodate their individual contexts.

PSHE lessons are taught on a weekly basis as discrete sessions, with some content also integrated into other subject areas or delivered through additional contexts such as assemblies, circle time, or class meetings. While the format of lessons may vary across year groups, class teachers have the flexibility to plan and deliver teaching methods that suit their class's specific needs while effectively covering all curriculum content. While there is no expectation for formal written recording of lessons, some form of recording is encouraged, and lessons may be primarily discussion-based without a written outcome.

Assessment plays a crucial role in effective PSHE teaching. We assess not only the pupils' knowledge and understanding but also their attributes, skills, strategies, attitudes, and beliefs related to the topic. Baseline and endline assessments are conducted at the start and end of lessons or units. We value pupils' thoughts and feedback, encouraging them to contribute to the plan-teach-assess cycle and ensuring their voices are heard.

Although PSHE outcomes can be subjective, we compare them within year groups and across different phases to monitor progress. Long-term monitoring involves selecting sample groups of pupils from each year group, recording their thoughts and ideas to observe their development of skills and understanding throughout their school journey. Regular conversations between the subject leader and staff members serve as open forums for sharing ideas, addressing questions or concerns, and informing future development and priorities, including the coverage of statutory curriculum content.

At SHAPE International School British Section, we maintain strong communication and collaboration with parents and carers, recognising the central role they play in their child's education. We believe in fostering positive home-school communication, and parents receive written communication from teaching staff outlining the structure and content of the PSHE curriculum. This ensures standardized information is shared across the school, fostering a collaborative approach.

Impact

The significance of a comprehensive PSHE education cannot be overstated as it serves as a crucial foundation for preparing children for adulthood. It equips them with the knowledge and skills necessary to understand and navigate the challenges, complexities, and inquiries that arise in our diverse world.

The impact of PSHE education can be assessed through various means. At SHAPE International School British Section, we place great importance on the child's voice and their individual experiences within PSHE education. Pupil voice and insights documented in floor books play a central role in evaluating the effectiveness of our teaching.

The development of skills in our students at SHAPE International School British Section encompasses, but is not limited to, the following:

- A comprehensive understanding of their inherent, indivisible, inalienable, unconditional, and universal rights, along with knowledge of how to protect and uphold these rights.
- An appreciation of our diverse and intricate world, fostering empathy and respect for the rights of all individuals.
- Effective and constructive communication skills, with a particular emphasis on oracy.
- Resilience and self-regulation, accompanied by a deep understanding of their own health and well-being, especially in terms of supporting their mental and emotional development.
- Competence in risk management and balanced decision-making within the ever-changing and challenging global context.

These skills are transferable to all areas of the curriculum and enable children to perceive and engage with different subjects in novel and meaningful ways.