



## 0-2 Room Curriculum Bites

# April





# 0-2 Room Curriculum Bites

Dates/themes to explore during April

**April is the designated month of the military child, underscoring the important role military children play in the armed forced community.**



7th	World Health Day
9th	World Unicorn Day
20th	Easter
22nd	Earth day
23rd	St George's day
25th	World Penguin Day
26th	World Vet Day
29th	Purple Up Day—Month of the military child



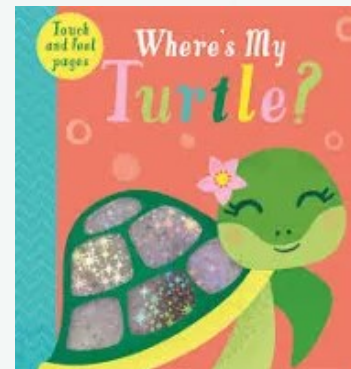
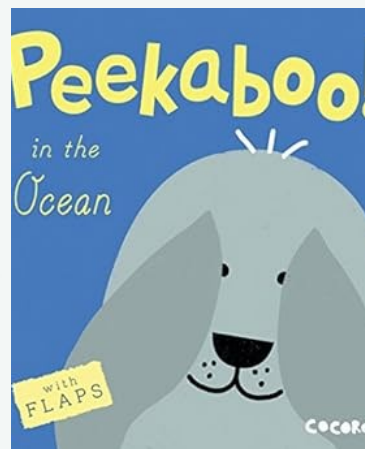
# Knowledge Organiser - Diving under the sea



At the end of this month the children will focus on the element of the ocean. Children will learn about the animals that live on the ocean floor from crabs and urchins to creatures that cling to rocks. The sea turtles that swim around us within Cyprus to limpets and mussels. Let's all dive in and meet all the creatures under the sea as the sun starts shining in Cyprus children can then explore at the beach.

## Core Text

Repeated



Core

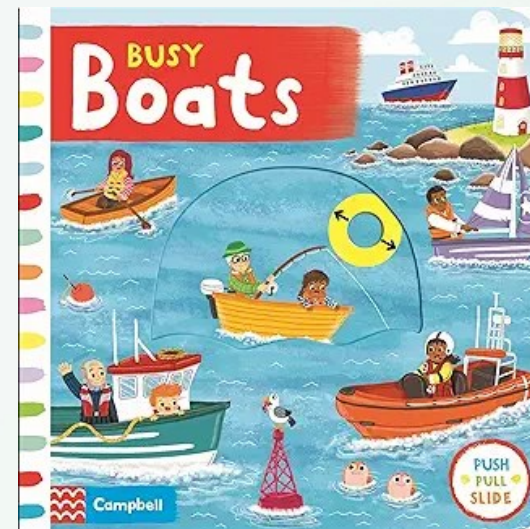
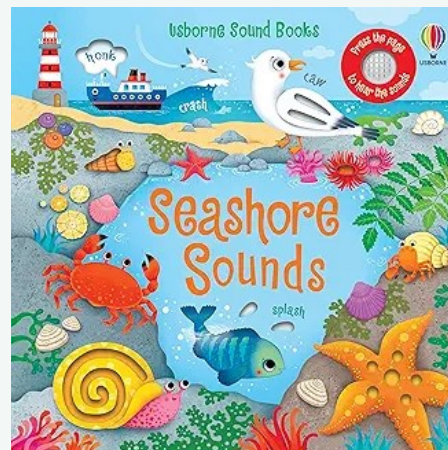
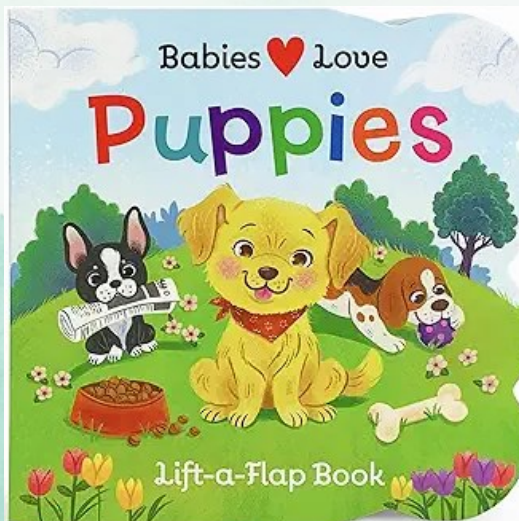
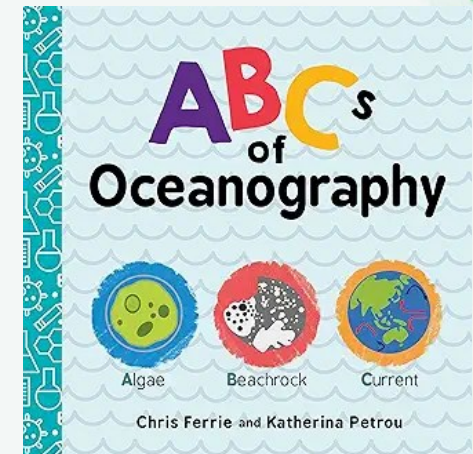
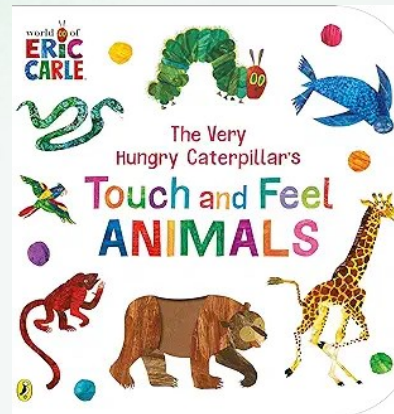
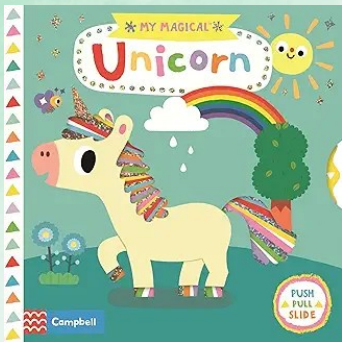




# 0-2 Room Curriculum Bites



Books to explore within our environment







# 0-2 Room Curriculum Bites



## Nursery rhyme plan

### Once I caught a fish alive

#### Once I caught a fish alive.

One, two, three, four, five,  
Once I caught a fish alive.  
Six, seven, eight, nine, ten,  
Then I let it go again.

#### Sensory fish

Create a light box effect with fishes and larger materials to reflect the light. The use of sensory tubes are a great idea with water and glitter.



#### Make patterns in the playdough

Blue and white playdough mixing together adding sparkles to create the sea. Use material materials from the environment to extend to patterns.

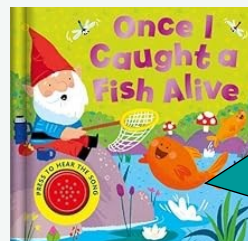
Use fishes to make patterns or even engage in imagination play.

#### Sensory den under the sea

Create a under water den for babies to crawl in and discover the world around them.



Sing the rhyme with the babies.  
Use a suitcase with fishing rods  
and sand for different  
textures



Keep a copy of me in the room to link to the fishes! Ensure there's batteries in the book.

Such a great rhythming book to share with the children





# 0-2 Room Curriculum Bites



## Nursery rhyme plan

### I had a little Turtle

#### Turtle stones

Decorate a few stones green and dot them around the setting. Let's go on a walk to find the turtles. Let your imagine run wild. Even take some out on a walk to spot.



#### Minty Green

A great opportunity to make marks in green oobleck. A drop of green food colouring or even a splash of green paint. Let the children explore with their hands and even their feet.



#### Sensory sand bottles

Make bottles with the children and get them to fill the containers up with sand and water. Add a few shells. Let children move them within the room to be curious.

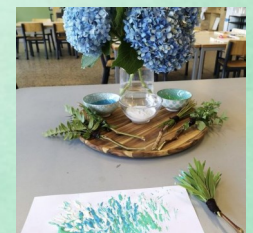


#### Pea oobleck!

**Incorporate Peas and green oobleck with some green food colouring. Let the babies explore with different tools to enhance their skills i.e. mashers.**



Create painting opportunity with a provocation of green flowers in the centre of the table. Add mirrors and different textured paint brushes. .







# 0-2 Room Curriculum Bites



## Nursery rhyme plan

### 5 little ducks

**Five little ducks** went swimming one day.

Over the hill and far away.

Mother duck said, "Quack, quack, quack, quack."

And all of the five little ducks came back!



#### Feathers Feathers

Different coloured feathers. Let your babies explore the deeper tray. Hide and seek - let's find the ducks.



**LO: I love squeezing, rolling, touching and being curious**

Create a story basket for 5 little ducks with feathers, straw, puppets to create a wicker basket within your room to be assessed by all children to enhance the love of reading.

#### Ducks, Ducks Everywhere.

Bright yellow duck in soapy water, scooping and transporting the ducks from one place to another. Add some drain pipes and see if the ducks



go swimming.

Imagination is key to explore more language, push, pull, use concept words to support extra language.



Create a water tray inside just a small amount of water singing away to 5 little ducks to enhance their nursery rhythm vocabulary.





# 0-2 Room Curriculum Bites



## Nursery rhyme plan

### A sailor went to sea sea

Invite the 2-3 years to come together to show the younger children to use their actions to teach the babies Makaton signs.

#### ICE Play

Lets explore with ice. Freeze ice cubes and let them float in the water trays. Colour the water and get the children to use ice painting on fabric or even shower curtains.



#### Boats

Lets going sailing in the garden with our sponges. Incorporate some shells and use language of sinking and floating.

Add additional materials to make the boats float to different areas.



#### Sensory fabric box

A great idea to make your very own fabric box. Tie knots at the inside of the box and encouraging babies to pull the different fabric.

Focus on making them laugh and positive praise.







# 0-2 Room Curriculum Bites

## Ocean play

### Foam Sensory

Bicarbonate of soda and vinegar. Use different size tools or baby large pipette to squirt vinegar onto the tray. Magic!



### Ocean Foil Painting

Cover a palette or silver tray in foil. Use different textured rollers to create mark making.

Further extend this resource to outside shower curtains and go bigger and larger.

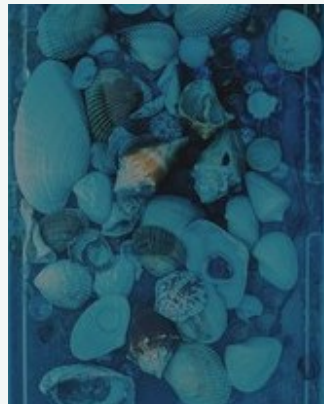


*Ocean Foil Painting*



### Reflection Shells

Different sized shells in blue coloured water. Add a mirror to the bottom of the tray to encourage the babies to look into the water to see their reflection.



### Blue Spaghetti

Different sized spaghetti dyed in blue for the effect of the ocean. Add pincers, mashers and containers for the babies to transport.



### Cleaning

Different sized shells in blue coloured water. Have a tray next to them and cover them in sand. Let's clean the shells





# 0-2 Room Curriculum Bites

## Physical development ideas

Endless amount of fun and excitement with balls and kitchen roll holders. Cut them in half and quarters to provide different objects at height. Encourage babies to balance the balls and knock them down.



Babies love the excitement of the parachute. Colleagues to throw the balls in the air. Encourage babies to collect and bring back to the parachute for it to happen over and over again.



Balancing and stability is key. Encourage babies to climb up the steps and go down the slide in the safety way. Their confidence will blossom with excitement.



Let's go out on a walk to the park. By practising the above slide children will feel confident in their own community with exploring their natural environment. Even a trip to the soft play centre to try their slide out.







# 0-2 Room Curriculum Bites

## Additional Ocean Ideas

### Sea Foam

Lets get messy with sea foam. Fairy up liquid and water and a whisk. Hide crabs and different sea creatures even find a book about urchins to extend their vocabulary.



### Ocean freeze

Freeze ocean fish animals in different coloured blue colouring. Encourage the children to break them apart or see them melt. Use language - crab, limpets, mussels etc to entice them even more.



### Frozen sand

A different texture of frozen sand. Use hammers to break the sand apart and watch the sand melt.



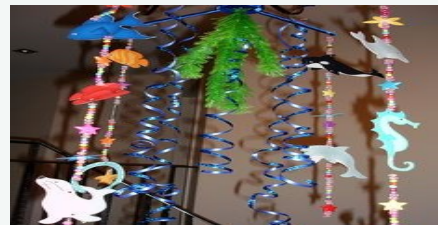
### Scented playdough

Create a different smell of playdough with blueberries. Even think of a different fruit to make a darker shade of blue, add a few drops essence.



### Ocean mobile

Babies love to watch things above them. Create a ocean mobile for them to explore on the ground even create a ocean hula hoop.



### Blueberries & Blackberries

Incorporate blueberries and blackberries in a silver tray for the children to explore, pour, crush and even try those different textures.





# 0-2 Room Curriculum Bites

## Water play ideas

- ◇ Bubble wrap feet walking
- ◇ Yogurt painting
- ◇ Textured jelly
- ◇ Building block ice painting
- ◇ Building block patterns
- ◇ Bath jelly
- ◇ Bath bombs for fizzing

Scented water:

- ◇ Tangerine
- ◇ Citrus







# 0-2 Room Curriculum Bites

## Important Days

### St George's Day

Invite the babies to make flapjacks. Learning through food is a great opportunity to bake and take home to show their parents and even enjoy together. Share the recipe with parents.



### Baby yoga

Create a baby yoga session with children have their own rug. Stretch their legs, stretch their arms and even try downward dog.



### World Vet Day

Encourage the babies to bring an animal from home to share with their friends. Lets have a tea party and look after our friends together.



### Earth Day

Plant a tree - babies can help plant a tree for the environment. A create way to help the environment. Lots of pictures to send to parents. In the next few weeks remember to water the tree to help them grow.





# 0-2 Room Curriculum Bites

## Perfect Playdough

Large bowl

1 cup of salt

2 cups of plain flour

4 teaspoons of cream of tartar

2 tablespoons of cooking oil

2 cups of boiling water

Food colouring (optional)

Scent (optional)

Shells



## Magic Mud

Oobleck and mud mixed together just a small amount to ensure the texture is there. Add a splash of brown paint to make it more vibrant.

Cornstarch and water is all you need.

Add spoons of different sized to enhance the language - teaspoons, tablespoons and dessert spoons.







# 0-2 Room Curriculum Bites

## Ingredients

- 1x sandwich wrap
- 2x tbs left over pasta sauce/passata
- 1x mushroom
- 20g diced pepper
- 4-5 spinach leaves



## Method

1. Toast wrap under a medium grill for 40 seconds on each side until its slightly crisp.
  2. Remove from grill and top with tomato base.
  3. Sprinkle the chopped vegetables on top.
- Return to the grill for one minute until the toppings warm through.



# 0-2 Room Curriculum Bites

## Ingredients

- 3 medium ripe bananas, peeled
- 40 g/1½ oz unsalted butter, melted
- 50 g/1¾ oz roasted hazelnuts, finely chopped
- 90 g/3¼ oz rolled oats
- 1 tablespoon clear honey
- ½ teaspoon ground cinnamon



## Method:

Preheat the oven 180°C/350°F/Gas Mark 4. Line a large baking sheet with baking paper

Mash 2½ of the bananas (leave the remaining ½ to decorate) in a mixing bowl with the back of a fork until almost smooth.

Mix in the rest of the ingredients until combined

Place heaped tablespoonfuls of the mixture onto the lined baking sheet – the mixture will make about 16. Press down each bite with your dampened fingers into a neat round, about 1 cm/½ inch thick. Bake for 15–20 minutes until golden and firm

Cut the remaining banana into 8 thin slices + gently press on top of the cooked warm biscuits. Leave the oaty bites to cool for 5 minutes on the tray before transferring cool.

They will keep stored in an airtight container in the fridge for up to 5 days





# 0-2 Room Curriculum Bites

## INGREDIENTS

1 carrot, about 75 g/2½ oz, peeled and sliced

225 g/8 oz fresh mango chunks

juice of ½ orange

## INSTRUCTIONS

Steam or microwave the carrot until cooked and tender

Tip the carrot into a blender with the mango. Add the orange juice and blend until smooth and puréed

Serve on top, or stirred into, yogurt or porridge. Any leftover purée will keep in the fridge in an airtight container for up to 3 days





# 0-2 Room Curriculum Bites



- 50 g/1¾ oz frozen sweetcorn
- 50 g/1¾ oz plain wholemeal flour
- 25 g/1 oz cornmeal
- 2 tablespoons chopped coriander, plus extra to serve
- ½ teaspoon Cajun spice (optional)
- 2 spring onions, finely chopped
- 1 egg, separated

75 ml/3 fl oz whole milk

## Instructions:

1. Preheat the oven to 190°C/375°F/Gas Mark 5. Line a baking sheet with baking parchment.
  2. Cook the sweetcorn in a saucepan of boiling water for 3 minutes. Drain well.
  3. Place the flour, cornmeal, coriander + Cajun spice (if using) in a large bowl. Add the sweetcorn, spring onions, egg yolk + milk + mix to a thick paste.
  4. Whisk the egg white in a thoroughly clean, grease-free bowl until it forms peaks, then gently stir it into the sweetcorn mixture. Place 6 spoonful's of the mixture on the prepared baking sheet, spaced well apart.
- Bake the pancakes in the oven for 8 minutes. Using a fish slice, carefully turn the pancakes over + return to the oven for a further 4–5 minutes until cooked through. Serve warm, sprinkled with extra coriander.







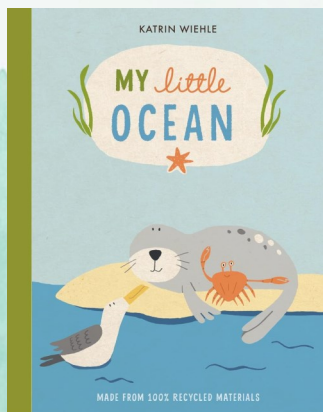
# 0-2 Room Curriculum Bites



## Song plan

Under the sea  
Under the sea  
Darling it's better  
Down where it's wetter  
Take it from me  
Up on the shore they work all day  
Out in the sun they slave away  
While we devotin'  
Full time to floatin'  
Under the sea.

Play the Little Mermaid in the background for all to hear.



Create a magical area to dive into this book to learn all about the ocean. From seagulls to seals and crabs. Puppets are a create way of retelling a story.

## Outdoor Learning - April

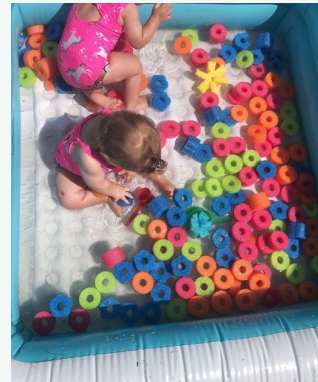
### Sieving sand

What better way to see the different particles being sieved through the sand sieve. Lets explore different sized shells - use open ended questions - what did you find?



### Foam paddling pool

Let the babies explore water in paddling pools, cutting the foam noodles in sections to allow the children to explore, build, sink, float and splash



together.

Remember to water the plants everyday to ensure our vegetables grow and develop. Planting lettuce seeds.

